

**Prayer for Physical Healing for a male**

*Remember; (you do not want to suggest pain, you want to suggest discomfort, which is nowhere near as bad.)*

O God, source of the healing You have planted within us, grant speedy healing to \_\_\_\_\_. Bless \_\_\_\_\_with renewed strength and newfound vigor. Diminish his discomfort. Help (him/her) face what lies ahead so that he may with courage greet life anew each day. Remind him/her that You are his shepherd, guiding him from darkness to light, from weakness to strength, from sickness to health. Let him feel hope, as he places his trust in your divine gift of healing. Praised are You, Adonai, healer of all creation.

**ברוך אתה יי רופא חולים ומפליא לעשות**

**Prayer for Physical Healing for a female**

O God, source of the healing You have planted within us, grant speedy healing to \_\_\_\_\_. Bless \_\_\_\_\_with renewed strength and newfound vigor. Diminish her discomfort. Help her face what lies ahead so that she may with courage greet life anew each day. Remind her that You are her shepherd, guiding her from darkness to light, from weakness to strength, from sickness to health. Let her) feel hope, as she places her trust in your divine gift of healing. Praised are You, Adonai, healer of all creation.

**ברוך אתה יי רופא חולים ומפליא לעשות**